RUN, JOG or WALK

Strollers Welcome!

STEP INTO SPRING FUN RUN

WHO: YOU!

WHAT: STEP INTO SPRING FUN RUN 5K, 1 MILE, 1/4 MILE and 100 YARD DASH



Entertainment & Post Race Party!

FUN for all ages! WHEN: Sunday, April 29th at 1:30 pm Awards presentation to follow after last walker crosses finish line.

WHERE: Event will start at the Geneseo Middle School 333 E. Ogden Ave., Geneseo, IL 61254

Registration Information

Adults (18 years and older) \$18 with a shirt or \$13 without a shirt (add \$2 for XXL and up)

Child \$10 with a shirt and \$5 without a shirt

5K ~ 1 Mile ~ 1/4 Mile ~ 100 Yard Dash Participants

All participants registered after April 20th will NOT be guaranteed a shirt on race day

Packet Pick Up/Late Registration will be at Geneseo Middle School:

Saturday, April 28th 11:00am-2:30pm and Sunday, April 29 9:00am- 12:30pm

****If you do not wish to participate in the event:**

Donations of \$25 or more will receive a free 5k Fundraiser T-shirt!**

Official Entry Form, Please detach and mail form with a check payable to: Geneseo Elementary PTA

To: Geneseo Elementary PTA 5K, 415 North Russell, Geneseo, IL 61254 Or send the form in to one of the Geneseo Elementary Schools c/o PTA 5K Or register on-line (after Jan. 26th) at www.cornbelt.org or www.getmeregistered.com Any Questions? Email us at: stepintospring5K@gmail.com

Please circle one:	5k	1 mile	¼ n	nile 1	100 ya	rd dash		Donatio	on Only	
Circle shirt size:	YXS	YS	YM	YL	S	Μ	L	XL	XXL	XXXL
First Name:	Last Name:									
Address:	City:									
Email:										
Date of Birth:	mm/dd/yy Age:			:	CIRCLE: M or F Phone#:					

WAIVER. I know that participation in a road race is potentially hazardous. I should not enter and run or walk unless I am able and properly trained. I know that, although police protection may be provided, there may be traffic on the course route. I assume the risk of running or walking along the route. I also assume any and all other risks associated with participation in this event, including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity and cold temperatures, and conditions of the route, all such risks being known and appreciated by me. I attest and verify that I am physically fit and sufficiently trained for the completion of this event. I also authorize First Aid and/or treatment to be rendered in case of any emergency. I hereby consent to and authorize the use and reproduction, in print or electronic format, by the Geneseo Elementary PTAs or anyone authorized by the Geneseo Elementary PTAs, of any and all photographs which have been taken on this day for any publicity purposes without compensation. I also understand, in which case the Race Directors deem the weather conditions to be unsafe for the start or continuation of the race, that the race may be postponed or canceled. Should I choose to stay on the racecourse, I do so at my own risk. All entry fees are non-refundable. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act for my behalf, waive and release the Geneseo Elementary PTAs, and all sponsors of the event, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability might arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature (Parent's if under 18)

Date

Step Into Spring Fun Run Course Map 2012

All three Geneseo elementary school PTA's are coming together to promote health and fitness for their students, families, and surrounding communities. This event is open to everybody and includes a 5K, 1 mile, 1/4 mile, and 100 yard dash. Runners will enjoy musical entertainment during the race. Awards and post race activities for all age groups!

FINISH LINE/ START 1 MILE and 1/4 MILE

5K Course Map

The 5K race is a flat course that starts off at Geneseo Middle School and winds through residential neighborhoods before heading back to the school to finish the route on the trail. The 1 mile and ki...

START 5K

1 mile Fun Run Course Map

The 1 mile Fun Run is perfect for the kids. The route will lead them around the walking trail that surrounds Geneseo Middle School keeping them away from traffic.

