

## **Social Studies & Community Mobility**

**Instruction is aimed to prepare students to access and use community environments as independently and competently as possible. The goal is to have the students participate and utilize the community and enjoy the opportunities in the same manner as their non-disabled peers.**

### First Semester

Week 1: Introductions, expectations, overview of semester

Week 2 & 3: Recognize and Analyze Safety and Survival Signs

Week 4 & 5: Geography

Week 6 & 7: Locating Information in the Library

Week 8 & 9: Navigating the Library

Week 10 & 11: Knowledge of Community

Week 12 & 13: Navigating the Community

Week 14 & 15: Understanding Community Agencies

Week 16: Bus Systems

Week 17 & 18: Recognize and Analyze Safety and Survival Signs

Week 19: Review

### Second Semester

Week 1: Introductions, expectations, overview of semester

Week 2 & 3: Recognize and Analyze Safety and Survival Signs

Week 4 & 5: Safety rules

Week 6 & 7: Maps and Geographical Locations in the Community

Week 8 & 9: Skills for Eating Out in the Community

Week 10 & 11: Skills for Shopping in Various Stores

Week 12 & 13: Public Services in the Community

Week 14 & 15: Using Map Skills

Week 16 & 17: Recognize and Analyze Safety and Survival Signs

Week 18 & 19: Review

## **Functional Reading and Writing**

**The ability to read and write increases a student's independence within each of the instructional domains within the functional curriculum. Students will be taught to read to gain information, read and write to complete tasks, read and write for leisure, and read and write to locate and maintain a job. Beyond the scheduled weeks, the students will be receiving daily instruction in writing personal information, guided/independent reading instruction; sight words, LEXIA lab work, and reading comprehension.**

### First Semester

Week 1: Introduction, Semester Overview

Week 2 & 3: Newspaper work – sports, weather

Week 3 & 4: Newspaper work – want ads, movie listings

Week 5 & 6 & 8: Dictionary

Week 9 & 10: Write and Use a Shopping List

Week 11 & 12: Read Recipes and Follow Directions

Week 13 & 14: Reading other material such as T.V Guide

Week 15: Following Directions for a Game

Week 16: Writing Thank You notes

Week 17 & 18: Review

### Second Semester

Week 1: Introductions, overview of semester, expectations

Week 2 -4: Introduction to computer

Week 5-8: Using computer for looking up information

Weeks 9-12: Resume/Cover Letter on the Computer

Weeks 12-15: Email & Internet Skills

Weeks 16-18: Telephone and Video Phone Skills

Week 19: Review

## **Life Skills Math**

**This course will teach students to make purchases such as shopping for and buying their own groceries, paying for their own clothing purchases, paying for food they eat at restaurants, and purchasing gifts, snacks, etc. The students will learn to determine whether he/she has enough funds to pay for his/her purchase and learn to count out proper amount of money to store clerks. Students will also learn to figure amount of money to expect in return. This course will also assist students in understanding, predicting, and preparing for events that occur in their lives. Students will learn to interpret clocks and watches to predict and prepare for upcoming transitions and activities.**

**\*Each day student's will complete the following: calendar, weather, graphing, money and calculator use.**

### First Semester

Week 1: Introductions, expectations, overview of semester

Week 2 & 3: Basic facts

Week 4 & 5: Calculator use

Week 6 & 7: Calendar

Week 8-12: Money – determining price, affordability, which bill to use

Week 13: Review

Week 14-18: Money – shopping, buying items, actual spending

Week 19: Review

### Second Semester

Week 1: Introduction, expectations, overview of semester

Week 2: Measurement

Week 3-5: Clocks

Week 6-Calendars

Week 7-10: Money

Week 11-15: Clocks – Managing Time

Weeks 16-19: Review

## **Life Skills Science/Health**

**The goal of this course is to have the students use scientific method to problem solve. The students will communicate theories, research and conclusions in science by using writing, speaking and listening. The students will display respect in their interactions with the environments of which they are members. The students will also be expected to make good decisions regarding nutrition, personal health behavior, and disease prevention.**

**\*The students will be working daily on maintaining good hygiene. They will also be making a weekly trip to the grocery store and cooking a meal once per week. The students will have class three times a week and a lab two times a week in which a related activity or cooking will be completed.**

**Typical weekly schedule: Monday – Class, Tuesday-Physical Activity/Experiment, Wednesday-Trip to the store, Thursday – Physical Activity/Experiment, Friday – Class/Cooking**

### First Semester

Week 1: Introduction to Class, Expectations, Overview

Week 2-3: Goal Setting

Week 4-5: Self-Esteem, Hygiene

Week 6-8: Body Systems/Parts

Week 9-10: Disease Prevention

Week 11-12: Maintaining Healthy Relationships

Week 13-15: Drugs/Alcohol

Week 16-18: Goal Setting

Week 19: Review

### Second Semester

Week 1: Overview, Expectations

Week 2-3: Recycling/Pollution

Week 4-5: Color

Week 6-8: Animals

Week 9-10: Astronomy

Week 11-12: Photography

Week 13-14: Gardening/Plants

Week 15-18: Preparing Healthy Meals/Cooking/Baking

Week 19: Review

## **Life Skills Social Skills**

**The purpose of this course is to help students develop life-long leisure and recreation skills. It teaches students social awareness and how to use socially acceptable behavior at all times.**

### First Semester

Week 1: Introduction to Class, Over view, Expectations

Week 2: Following Game Rules, Taking Turns, Etc.

Week 3-4: Verbalizing Wants, Needs and Feelings

Week 5: Meeting People

Week 6: Getting Along with Others

Week 7: Giving/Accepting Compliments

Week 8-9: Making Choices (food, games, peer pressure)

Week 10-11: Sportsmanship

Week 12-13: Dealing with Emergencies

Week 14-15: Conflict Resolution

Week 16-18: Manners

Week 19: Review

### Second Semester

Week 1: Overview

Week 2: Meeting New People

Week 3-4: Problems/Solutions for Social Situations

Week 5-6: Verbalizing Wants, Needs and Feelings

Week 7-8: Making Choices

Week 9-10: Leisure Skills

Week 11-12: Talking/Acting Appropriately

Week 13-14: Giving/Accepting Compliments

Week 15-16: Manners

Week 17-18: Conflict Resolution

Week 19: Review

## **Job Transition Skills**

**The purpose of this course is to increase the likelihood of students obtaining employment and functioning as contributing adults within our society. Training at community vocational sites will serve as training environments to develop and reinforce work skills, attitudes, and behaviors and provide evaluative information pertinent to vocational training.**

**\*students will be working on their personal data and in class “jobs” daily.**

### First Semester

Week 1: Introductions, Expectations, overview of semester

Week 2-3: Choosing a Job Based on Needs, Wants and Preferences

Week 4-5: Resume and Cover Letters

Week 6-7: Job Applications

Week 8-9: Job Interviews

Week 10: Review

Week 11-14: Money Management

Week 15-18: Work Related Skills (being on time, having social awareness, working with others)

Week 19: Review

### Second Semester

Week 1: Overview of semester, expectations

Week 2-3: Choosing a Job

Week 4-5: Money Skills

Week 6-7: Work Related Skills

Week 8-9: Interviews and Reflections

Week 10: update resumes/Cover letters

Week 11-14: Managing Money

Week 15-18: Work Related Skills

Week 19: Review

